



MERRIMAC & MAIN

The Rec Room

SENIOR PROGRAM

Tuesdays 9:30AM-12:30PM

June Calendar



TUE, JUNE 2ND

Morning Stretch

10:00AM-10:20AM

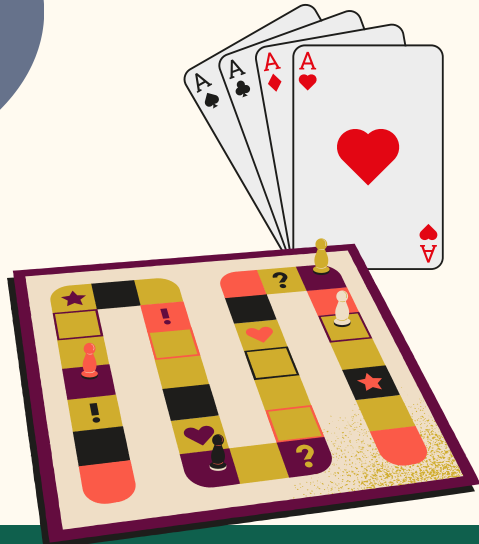
Nancy Anderson from Exhale will lead a stretching class for all levels and mobility.



Cards & Board Games

9:30AM-12:30PM

Play cards or our board games.



Therapy Dog in Training

9:30AM-12:30PM

Meet Lucy, a 15 week old Standard Poodle, that is in training to be a therapy dog that visits hospitals, nursing homes, etc.

TUE, JUNE 9TH



Wedding Memories

10AM-11:30AM

Bring your own - or a relative's - wedding photos, dress, or other mementos to share and discuss!



Tech Help for YOU

10:30AM-11:30AM

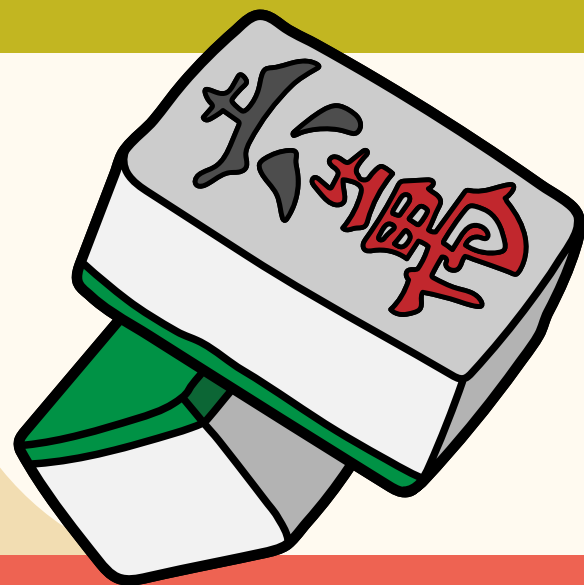
Get one-on-one from tech expert, Izzy Vaughan.

Intro to Learning Apps, Language & Arts

11:30AM-12:30PM

Learn from Nancy Ashmore from the Dodgeville Library about applications for learning!

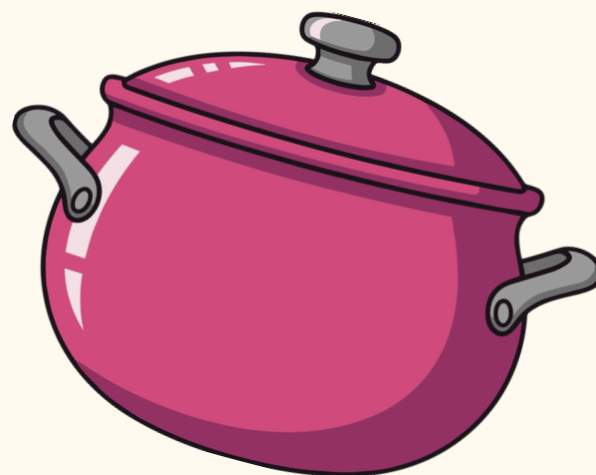
TUE, JUNE 16TH



Mah Jong

9:30AM-11:30PM

A classic tile-based game of strategy, skill, and a little luck.



Potluck

11:30AM-12:30PM

Bring a dish to pass and share a meal! Homemade or store bought. Can't cook? We always need help with dishes!

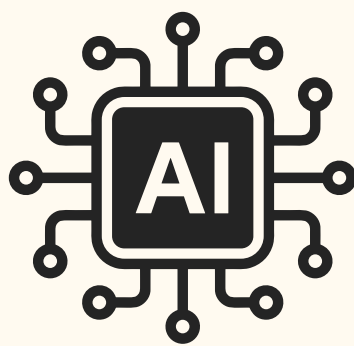
TUE, JUNE 23RD



Painting Class

9:30AM-11:15PM

Free guided painting class! Materials provided. Paint a beach sunset with palm trees.



Ben Digs Into Artificial Intelligence

11:30AM-12:30PM

Join Ben Gruber for an informative talk on how artificial intelligence is being used in scams targeting seniors, including warning signs and practical tips to stay safe.



TUE, JUNE 30TH & JULY 7TH

No Rec Room these Days!

We will be closed June 30th & July 7th. We open again July 14th! We will back in session as normal for the rest of July.



*SCHEDULE SUBJECT TO CHANGE, CHECK WEBSITE, MAILING LIST, OR SOCIAL MEDIA FOR UPDATES



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Activities free for Seniors /
Non-Seniors \$2+ Suggested
Donation