The Rec Room
SENIOR PROGRAM
Tuesdays 9:30AM-12:30PM
January Calendar

MERRIMAC & MAIN

TUE, JAN 6TH

EXHALE FITNESS & NUTRITION
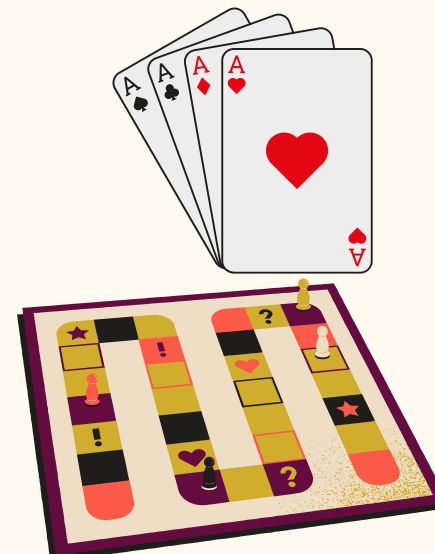
Morning Stretch
10:00AM-10:20AM

Spelling Bee
11:30AM-12:30PM
Compete to win some honey. We will use the official Scripps Word list with creative rule adjustments.

Cards & Board Games
9:30AM-12:30PM
Play cards or our board games.

TUE, JAN 13TH

Adoptable Cats!
10:00AM-11:00AM
The Iowa County Humane Society will visit with some adoptable kitties!

Tech Time
OATS | OLDER ADULTS TECHNOLOGY SERVICES
FROM AARP
11:30AM-12:30PM
Learn about the full range of **Senior Planet/OATS** classes, workshops and online communities. Brought to you by **AARP** and the **Dodgeville Public Library**. Every second Tuesday of the month, they will host a workshop HERE!
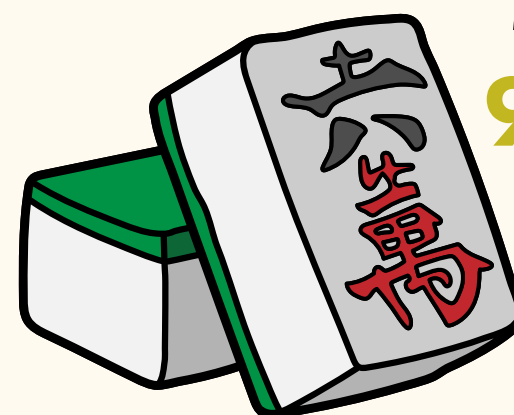
TUE, JAN 20TH

Potluck
11:30AM-12:30PM
Bring a dish to pass and share a meal! Can't cook? We always need help with dishes!

Mah Jong
9:30AM-12:30PM
A classic tile-based game of strategy, skill, and a little luck.

TUE, JAN 27TH

Coffee & Chat
9:30AM-10:30AM
Come help yourself to free coffee and light breakfast. We have this every morning!
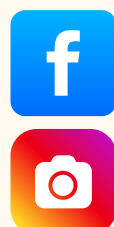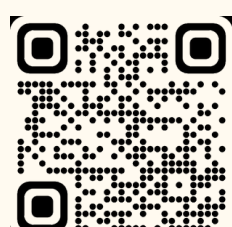
Forest Deer Painting Class
10:30AM-12:30PM
Free guided painting class! Materials provided. Paint pine trees in snow with a buck on a hill.

*SCHEDULE SUBJECT TO CHANGE, CHECK WEBSITE, MAILING LIST, OR SOCIAL MEDIA FOR UPDATES

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Activities free for Seniors / Non-Seniors $2+ Suggested Donation